

PD:Approval
quality recognition

Certificate of Achievement

This certificate is recognised by the Register of Exercise Professionals UAE

This is to certify that

Beka Tsereteli

**has successfully achieved the
following qualification**

Certificate in Personal Training

which covered the units listed overleaf

Certificate No: 00002319

Learner No: 10060

Awarded on: 06/03/2021

Delivered by: Scientific Sport Research & Consultancy

Accrediting Body: PD:Approval



CEO PD:Approval



The Certificate in Personal Training maps to the following ICREPs Global Standards:

A2 Carry out client fitness assessments

B8 Plan and deliver personal training sessions

C1 Design personal training programmes

C2 Manage, review, adapt and evaluate personal training programmes

C3 Apply the principles of nutrition and weight management to programme design

C4 Apply the principles of exercise science to programme design

D2 Support long term behaviour change by monitoring client exercise adherence and applying motivational techniques