

THIS IS TO CERTIFY THAT

BEKA TSERETELI

HAS BEEN AWARDED

Focus Awards Level 4 Certificate
in Strength and Conditioning (RQF)

**This achievement included the successful completion of
the units detailed on the Unit Summary**

QRN: 603/2769/8
Centre Name: Health, Exercise & Research Center
Date Awarded: 18/01/23
Candidate Number: HERC0042
Certificate Number: RQF52588



Chief Executive
Focus Awards



Chair
Focus Awards



UNIT SUMMARY

BEKA TSERETELI

Has achieved the following units for the

Focus Awards Level 4 Certificate
in Strength and Conditioning (RQF)

UNITS ACHIEVED

		Level	Credits
T/616/7825	Biomechanical, Physiological, And Psychological Factors Affecting Strength And Conditioning For Sports Performance	4	4
A/616/7826	Programming Strength And Conditioning Activities For Sports Performance	4	10
F/616/7827	Delivering Strength And Conditioning For Sports Performance	4	10

Focus Awards, Silicon House, Farfield Park, Manvers, Rotherham, South Yorkshire, S63 5DB

☎ 0333 344 7388

|

✉ info@focusawards.org.uk



✓ Verify authenticity at
www.focusawards.org.uk/verify