

Beka Tsereteli

as having successfully completed the course:

Oxygen Advantage® Functional Breathing Instructor Training

50 hours of study to include:

- Achieving the normalization of carbon dioxide levels in the body
- Achieving better functioning of the diaphragm breathing muscle
- Cadence breathing – achieving optimal parasympathetic/sympathetic balance



Patrick McKeown – Director of Education & Training

Oxygen Research Institute Ltd.
Loughwell, Moycullen
Co. Galway
Ireland

December 16, 2021

Date

Patrick McKeown

powered by

inspire360 (<http://www.inspire360.com/>)

[Courses \(/courses\)](/courses) [My Courses \(/my-account/education\)](/my-account/education) [Terms Of Use \(/oxygenadvantage.inspire360.com/site-terms\)](#)

Support: support@inspire360.com (<mailto:support@inspire360.com>)

General Questions: info@oxygenadvantage.com (<mailto:info@oxygenadvantage.com>)

English ([Change \(/oxygenadvantage.inspire360.com/language/select\)](http://oxygenadvantage.inspire360.com/language/select))
Copyright © 2021 Oxygen Advantage. All Rights Reserved.